



CAREER BOOSTER SERVICES RENNES SB ALUMNI

Give your career
a boost!



Are you looking for the job of your dreams? Do you want to give your career a new impetus? Or develop your professional skills?

We know your profession tomorrow will be different from today, so our career experts and certified coaches support you at every step of your professional career to help you make the right choices:

- Whether you're a student, recent graduate or senior executive
- Whatever your career challenge
- In France or abroad

100%
of our Alumni who have benefited
from the career booster programme
recommend it!



OUR MISSION



All our consultants are certified and **assessed every year**

CAREER PLAN AND RETRAINING



Isabelle BUI (P1)
DAO CONSEIL



Peggy GERARD (P2)
ADJUST CONSEIL



Florence PAINCHAUD (P3)
CABINET EXOLYS



Isabelle

Secousse
Independent coach



Yann

Sonneck (P4)
REVEAL COACHING

JOB SEARCH, INTERVIEW PREPARATION, CV & LINKEDIN ADVICE



Eric ANDRADE
Independent consultant



Judith CROQUIN (P13)
FED.SUPPLY



Elodie GENTIL (P7)
PREMI-HOMME



Peggy GERARD (P2)
ADJUST CONSEIL



Florence PAINCHAUD (P3)
CABINET EXOLYS



Bérangère PELE (P13)
TEREOS



Isabelle BUI (P1)
DAO CONSEIL



Peggy GERARD (P2)



ADJUST CONSEIL



Gaëlle LEPLAT KERMARREC
EFFICIENCE RH



Yseult PERILHOU COHERMENS

NEGOTIA



Starting a new role, progress, salary
Florence NETTER



Contract termination
Lucette Stamm

HOW DO I SET UP AN APPOINTMENT?

Contact us by email:
carriere.alumni@ennes-sb.com
specifying:

- Your full name and current professional situation
- Your current

career challenge

- Your place of residence
- The timeframe for your plan
- Your preferred language

INDIVIDUAL SUPPORT & COACHING (FR/GB)

Our career team and certified coaches are available to offer you personalised support, face-to-face or remotely, and help you achieve your professional goals.

As a full member, you benefit from a free 1.5-hour career interview and a tailor-made programme, according to your needs.

Yann
SONNECK (P4)
REVEAL COACHING

SERVICES OFFERED



COLLECTIVE WORKSHOPS AND WEBINARS

Rennes School of Business Alumni also offers many workshops throughout the year to boost your job search, steer your career, and initiate and develop your professional skills.

You'll benefit from feedback from other participants and advice from the workshop leader.

Do you have limited availability or live far from Paris?
Webinars are the ideal solution for everyone who wants to boost their career remotely!

EXECUTIVE EDUCATION

To keep developing professionally throughout your career, discover the Rennes School of Business' continuing training offer, delivered face-to-face and remotely, and benefit from a reduced price as an Alumni member.

Discover the training from Rennes SB

PRICES

INDIVIDUAL SUPPORT AND COACHING:

First 1.5-hour session

FREE

for members (worth €300)

Subsequent sessions: €150/hour

WEBINARS:

- Scholarship students: free
- Students and subscribing Alumni: €10
- Non-subscribing Alumni: €20
- External participants: €30

WORKSHOPS:

- Scholarship students: free
- Students and subscribing Alumni: €15
- Non-subscribing Alumni and external participants: €30



CAREER PLAN AND RETRAINING

1. WORKSHOPS AND WEBINARS

MOVE ON! CYCLE (Three 2.5-hour sessions - face-to-face or remotely - weekly appointment)

Redefine your professional path, from assessment to action plan

- 1 : take stock of your background, skills and motivations (includes the RIASEC test)
- 2 : identify avenues and learn the basics of the network approach
- 3 : refine your project and construct your action plan

PROFESSIONAL RETRAINING

- Retraining: are you ready for the unknown?
- Discover what drives you with SISEM and give your career meaning
- Becoming a professional coach- what's it really like?
- Am I cut out to be an entrepreneur?

2. INDIVIDUAL COACHING

Our team is at your disposal to help you with:

- Redefining your career plan
- Your retraining or business creation process
- Your internal or external mobility project

OUR CONSULTANTS



Isabelle BUI (P1)
DAO CONSEIL



Peggy GERARD (P2)
ADJUST CONSEIL



Florence PAINCHAUD (P3)
CABINET EXOLYS



Isabelle SECOUSSE
Independent coach



Yann SONNECK (P4)
REVEAL COACHING

JOB SEARCH AND STARTING A NEW POSITION

1. WORKSHOPS AND WEBINARS

PASSPORT TO EMPLOYMENT CYCLE (Five 1.5 to 2-hour sessions - face-to-face or remotely - weekly appointment)

- 1: clarify your career plan
- 2: define your research strategy and network approach
- 3: create an impactful pitch and CV
- 4: optimise your LinkedIn profile
- 5: prepare for recruitment interviews

Plus: the possibility of participating in co-development/job search group sessions

OUR CONSULTANTS



Eric
ANDRADE
Independent consultant



Judith
CROQUIN (P13)
FED SUPPLY



Elodie
GENTIL (P7)
PREMI-HOMME



Peggy
GERARD (P2)
ADJUST CONSEIL



Florence
PAINCHAUD (P3)
CABINET EXOLYS



Bérangère
PELE (P13)
TEREOS

2. INDIVIDUAL COACHING

-> targeted according to your needs:

- CV advice
- Optimisation of your LinkedIn profile
- Interview preparation
- Job search strategy

3. INTERNSHIP AND JOB OPPORTUNITIES

Discover the career opportunities and exclusive alumni offers available to you on the dedicated platforms:

- **France:** JOBTEASER and the RENNES SB ALUMNI site (employment section).
- **International:** HIGHERED and GOINGLOBAL

Not to mention the alumni directory and our official RENNES SB ALUMNI group on LinkedIn, which let you enrich your network and get in touch with 20,000 graduates worldwide:

- spread across 140 countries
- working in marketing, finance, consulting, HR, audit, sales, purchasing or logistics, etc.
- in all types of sectors: industry, cosmetics/luxury, IT, new technologies, retail, agro-food, services, etc.

CAREER GROWTH AND SKILL-BUILDING



1. WORKSHOPS AND WEBINARS

MANAGEMENT (Face-to-face sessions and webinars)

- Starting a new position: 100 days to succeed
- Coach manager: create a group dynamic based on collective intelligence
- Develop your leadership and professional legitimacy
- Female manager: inspiring alumni testimonials
- Manage difficult personalities and resolve conflict
- Change management and crisis management

Plus: the possibility of participating in co-development sessions to improve your managerial practices

PROFESSIONAL DEVELOPMENT

- Networking, how-to guide
- Negotiate your salary upon hiring or interview
- Manage the end of employment relationships
- Public speaking: boost your impact
- Manage your emotions to boost your impact
- Control your self-image
- Develop assertiveness to improve your communication and be decisive
- Transactional analysis
- Reconcile well-being and performance at work
- Manage your manager

ENTREPRENEUR (webinars)



2. INDIVIDUAL COACHING

- Starting a new position
- Management
- Handling conflict/difficult situations
- Negotiation (departure, mobility, salary, etc.)

3. EXECUTIVE EDUCATION

RENNES SCHOOL OF BUSINESS

To keep developing professionally throughout your career, discover the Rennes School of Business' continuing training offer, delivered face-to-face and remotely, and **benefit from a reduced price as an Alumni member.**

4. FOR OUR STUDENTS

During your studies and at career days, the alumni careers service offers:

- **Workshops:** finding the job of your dreams, optimising your CV and LinkedIn profile, salary negotiations, job search strategy and network approach.
- **Individual coaching:** career plan, job search, preparing for recruitment interviews, etc.
- **A mentoring programme by the School's alumni.**

CAREER BOOSTER

Guidance from career consultants and certified coaches

Throughout your career

In France and abroad

Whatever your challenge:

Career plan
Job search

Career progression
Building your skills



PERFORMANCE
EMPLOYABILITY
PROFESSIONAL GROWTH
SKILL-BUILDING



YOUR CAREER CONTACT



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